अखिल नेपाल कबड्डी संघ
All Nepal Kabaddi Association
Tripureshwor, Kathmandu, Nepal
(Affiliated to: National Sports Council Nepal, Nepal Olympic Committee, Asian Kabaddi Federal & International Kabaddi Federation)

53/083/084
च.नं. Ref No.

Date: 4th November 2026

FOUR NATION CUP KABADDI CHAMPIONSHIP 2026

1). GENERAL INFORMATION

The First Four Nation Cup Kabaddi Championship 2026 is being organised with the collaboration of the All Nepal Kabaddi Association, Kabaddi Association of Thailand, . Kabaddi Association of Malaysia, Bangladesh Kabaddi Federation.

As part of the championship, the participating federations will have the opportunity to invite a guest team from another country. Accordingly, the Indian Kabaddi Team will be invited to participate as a guest team in this edition of the Four Nation Cup.

The participation of a guest team will further strengthen international sporting relations, promote friendly competition, encourage culture exchange, and contribute to the development of Kabaddi among neighbouring Asian countries.

2). PRIMARY OBJECTIVES OF THE FOUR NATION CUP

The primary objective of the Four Nation Cup Kabaddi Championship is to unite neighbouring countries through the sport of Kabaddi and promote its growth and development at the international level.

The championship is envisioned as a friendly international competition, to be organised once every eight months on a rotational basis among the participating countries.

The event aims to:

- Strengthen friendship and sporting relationships among participating nations.
- Promote cultural exchange, cooperation and mutual respect.
- Provide international exposure and competitive opportunities to players.
- Improve the technical standards and quality of Kabaddi.
- Encourage the exchange of coaching, officiating and sports development knowledge.
- Establish a sustainable platform for long-term Kabaddi development in the region.

3. TECHNICAL INFORMATION AND RULES

The First Four Nation Cup Kabaddi Championship 2026 will be organised by the *All Nepal Kabaddi Association*, under the aegis of the International Kabaddi Federation (IKF) and the Asian Kabaddi Federation (AKF).

The championship shall be conducted in accordance with the applicable IKF rules and regulations, along with the approved technical guidelines for the competition.

4. VENUE AND DATES

- Host Country: Nepal
- Organising Association: All Nepal Kabaddi Association
- Competition Dates: 21 November 2026 to 23 November 2026
- Venue: Dasharath Rangasala Covered Hall, Tripureshwor, Kathmandu, Nepal.

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5. MAT SPECIFICATIONS

The Kabaddi competition will be played on a Synthetic Ground shall be conducted on standard-approved Kabaddi mats in accordance with the applicable IKF technical specifications.

EVENT

The Four Nation Cup Kabaddi Championship will be held as per the latest technical and competition rules specified in the International Kabaddi Federation (IKF) Rules and Regulations.

The competition will played Round Robin league system.

COMPETITION SCHEDULE

Dates	Day	Events
20-11-2026	Friday	• Arrival of Teams • Managers Meeting @ 1930 • Players Weighing @ 2015
21-11-2026	Saturday	• Inauguration of the Championship. • Commencement of league matches.
22-11-2026	Sunday	• League matches
23-11-2026	Monday	• Final

Note: The competition schedule is subject to any changes by the organizing committee.

* Uniform and equipment regulations.
* Medical facilities and player safety.
* Accommodation and transportation.
* Awards and medal distribution.
* Code of conduct and disciplinary regulations.

6. ELIGIBILITY

* Junior Boys : body weight 75 Kg and Below.
* The weighing of the players will be done only once before commencement of the championship.
* DOB : Copy of the Passport.. 01/01/2006 above.

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Arbind Kumar Jha
General Secretary

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